Pre-Med Society General Assembly Meeting Minutes

Date: September 11, 2014

Planned Start Time: 4:00 PM

Official Start Time: 4:08 PM

End Time: 5:15 PM

Location: Virginia Rooms B-C-D

Head of Meeting: Elisabeth Brown, Sam Salmassi

Minute Taker: Shivam Gulhar

Approval of Meeting Minutes: *Pending*

Discussion:

Pre-Med Society Fall 2014

1. Introduction of the Executive Board
2. Active Member Status Requirements
   1. 1 General Body Assembly
   2. 2 Medical School Visits
   3. 3 Community Service Events
3. Community Service Events
   1. Catholic Homeless Ministry Every Wednesday at 11AM at the Cathedral
   2. Upcoming Events
      1. Thanksgiving
      2. Broad Street Mile
      3. Keep checking the website!
4. Point System
   1. The most active members will be rewarded at General Body Assemblies
      1. The procedure for earning points will be on our website

Princeton Review Session/ Learning about the MCAT

1. New MCAT vs Old MCAT
   1. Different Scales
   2. New MCAT begins April 7.
   3. AMCAS will be giving $150 to those taking it in April
   4. The Addition of Sociology, Psychology, Biochemistry
2. MCAT preparation through Princeton Review
   1. 104 hours of rigorous in class time
   2. Active Members will receive a $200 discount for any classes

Ms. Moriarty-Pre-Med Society Advisor and VCU Pre-Health Advisor

1. Any major can be a good major for medical school
   1. Everyone has the same pre-health advisor and track but can have different majors
   2. Average GPA for Medical School acceptances is 3.6
   3. Be good at what ever you do.
2. Requirements for Medical School
   1. Letters of Recommendation
      1. What freshmen have thought about letters of recommendation?
         1. Talk to your professors
         2. Difficult but be perseverant
         3. The dangers of bad letters of recommendation
         4. Build your relationships
   2. Tying up your college career
3. Tips from the Seniors
   1. Keeping a strong foundation
   2. Utilize your opportunities
4. Committee System
   1. Interview with all the Pre-Health advisors
   2. Must have your letters of recommendation prepared
   3. Waive your right to view the committee letter
5. What it takes to get into Medical School?
   1. Well roundedness
   2. Good MCAT score
   3. High GPA
   4. Community Service